

The Spiritual Scientist

SCOLE, NORFOLK, ENGLAND

The Foundation goes Forward

The New Spiritual Science Foundation is constantly moving forwards. Already, with only three issues published to date, we have almost 400 subscribers to our interesting bulletin, *The Spiritual Scientist*, which chronicles the fantastic and mind-blowing achievements of the team of spirit helpers working with the Scole Experimental Group. Those of us who sit in the group have been amazed by the positive reaction we have received from all over the world, and we are extremely pleased to welcome amongst others our very first subscribers in Japan. We are quickly becoming established internationally as the number of our regular readers continues to grow despite the fact that we have not yet sought any major publicity for our important work.

It would appear that the strong scientific bias of the Foundation, and the scientific experiments which are taking place weekly at Scole with the enthusiastic cooperation of the team of spirit helpers there, are capturing the

imagination of researchers and scientists right around the globe. The fact that the Scole experimental sittings are quite unique in the world today certainly helps, and whilst other groups of sitters do exist who are getting some different results in a similar way to the Scole group, it is at Scole where spirit world technicians are pioneering brand new types of physical phenomena under the guidance of spirit world scientists and specialists.

As you will read later on in this issue, there has been a positive and significant breakthrough at the Scole group during April, which at a stroke has massively increased the excitement of the Scole sittings, and banishes for ever the view of the pessimists that "physical phenomena only ever takes place in a blacked-out room". The giant leap forward which has now been achieved at Scole promises to reveal to the eyes of the sitters some of the most fantastic phenomena that has ever been witnessed. After all, very little can match the evi-

dence of one's own eyes when it comes to spectacular phenomena!

Once again, we would like to pass on our grateful thanks to those readers who have been kind enough to send donations for the Foundation towards our work, and towards the photocopying machine which we need so badly. Our special thanks go to a Swiss reader and a London-based lady whose particularly generous donations have gone far towards us realising our goal and purchasing a good and reliable machine.

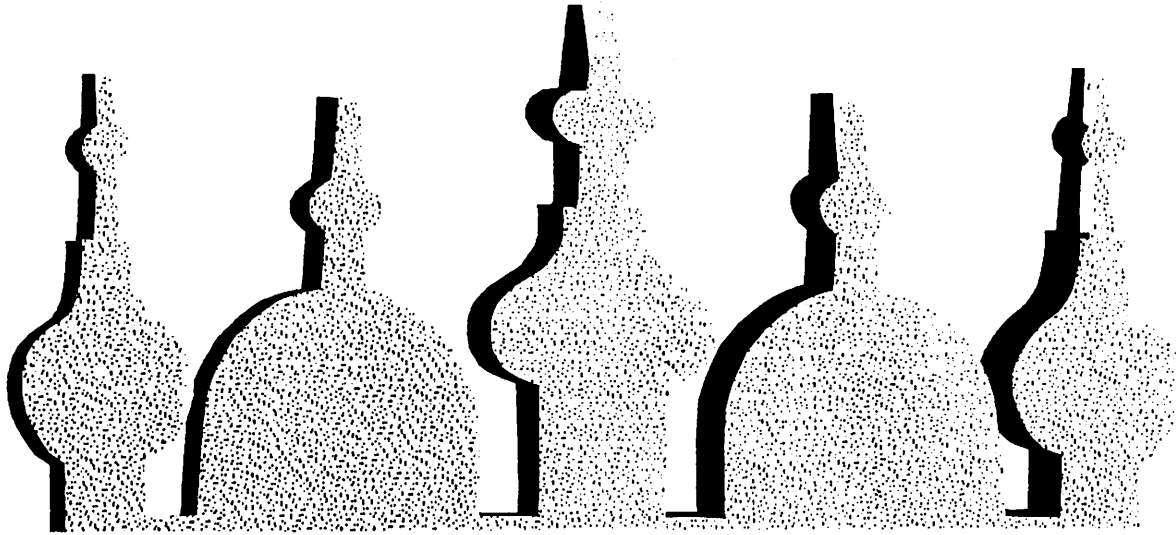
We believe that it will not now be too long before we are allowed to run regular half-day seminars for readers, which will hopefully incorporate a sitting with the Scole group, but of course, this will be subject to the agreement of our spirit friends and helpers. We have, however, been allowed to book one such seminar in November, for an overseas group.

Further copies of Bulletin No. 1 are still available from Scole, but we do ask that anyone wanting such copies should send a C5 or larger s.a.e. with their request. ■

Inside:

New Scole Breakthrough!

More Scriptures Received



Transcendental Science

(part 2)

As readers will know from *The Spiritual Scientist*, Issue No. 2, during a sitting on January 13th, 1995, the Scole Experimental group obtained a text from some sacred writings contained in the book, the *Bhagavatam*. Imagine our surprise, therefore, to find yet another! This one came as the result of another photographic experiment on March 10th, 1995.

Once again, it was on a factory-sealed black and white Polaroid instant 35mm 'Polapan' film, and as usual, it was developed immediately after the sitting, using the slide processing unit. The text appeared on three slides; one in the normal way, one back-to-front, and the third was sideways on, and as you can see, we have used the back-to-front (or mirror imaged) one for the purposes of illustrating this article, as it is the first example of a picture brought in this way.

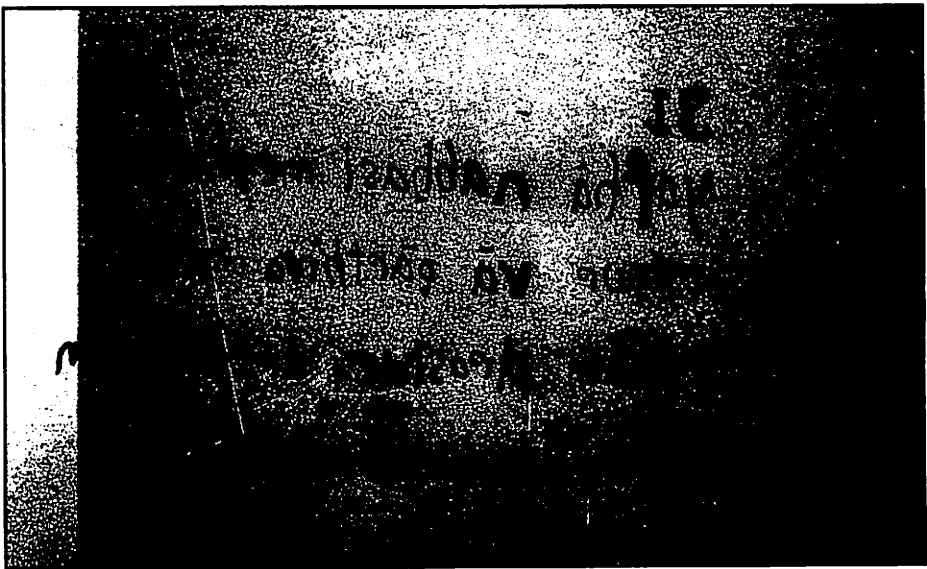
Obviously the spirit team were experimenting, and seemed keen to draw our attention to it. Most interestingly, the handwriting is totally different in every way from the earlier text - more primi-

tive and rather childlike. The text was numbered 31, so we couldn't wait to see if it was in the same volume of the book as the first text, and sure enough, this proved to be the case! The translation says:

bodily conceptions on the spirit self".

The purport or meaning of the text goes on to explain:

We cannot see the Lord, who is



One of three photographs received on an unopened slide film. This particular shot proved to be a mirror image of the other photographs.

"Clouds and dust are carried by the air, but less intelligent persons say that the sky is cloudy and the air is dirty. Similarly, they also implant

all spirit, with our material eyes and senses. Similarly, we cannot detect the spiritual spark which exists within the material body of a living being. So we have to

accept the living being's presence by the presence of his body. Some people cannot conceive of anything beyond matter, but the Lord is within and without all things.

The message of the text seems to correspond with some of the teachings we have received recently.

It occurred to me that the people involved with distributing the book, the *Bhaktivedanta Book Trust*, might be interested to know about our experiments. With some trepidation I telephoned them, giving at first the barest details, until I was connected to someone who was willing to listen to my information in

an open-minded way.

I learned that the whole work is contained in 18 volumes. There are 18,000 verses, in total, of which we have two!

The purports are the collective study and the knowledge from six masters over the last thousand years. It was translated into English in 1970, although it has been in existence for many centuries.

The books were translated into a dictation machine, then typeset; never written. So who had written our texts? Maybe a devotee or disciple that had passed on?

I photocopied the photographs,

and wrote, as requested, an explanation of how they were received, and I understand that my information may be included in a newsletter for devotees.

We spoke again on the telephone, but sadly, my contact was unable to identify the handwriting. However, we shall be having a meeting before long, so that he may see the other photographs we received earlier of India, depicting people and places.

One of the remarks he made at the time was: "I wonder what you would get on the film, if a Swami came and sat with you - chanting mantras?" Well, who knows, maybe one day we will find out! ■

PERSONAL EVIDENCE

by a member of the Scole Group

So that our readers might understand the full facts, I must first of all go back to September, 1986. It was at this time that I moved house into my current home, along with my husband and two teenage children.

On the very first night in the new house, I lay in bed and listened to some very faint music being played downstairs. I wondered exactly what the source might be, and next day asked the family if anyone had heard anything the night before. I can tell you, I received some very strange looks at the time!!

During the second night in the house, the same thing happened again, but this time I didn't bother to ask the family in the morning. However, from that second night onwards, the music has never been heard again, but many other types of phenomena have occurred in our house. After the episode with the music, which I alone witnessed, many of the other things that have happened have been seen and heard by other family members as well as

just me. It seemed very obvious, therefore, that we must have unseen company in the house with us!

Whilst sitting with the Scole Group in the summer of 1994, I was asked by one of our spirit team (Mrs. Emily Bradshaw) if I was aware of anyone's presence in my home. She then went on to tell me that my "house guest" was female, and was a lady named Caroline Rochester, who had herself lived in the house one hundred years ago, with her brother Thomas. Mrs. Bradshaw thought that I perhaps might like to check this information out.

I was further told that Caroline drew very close to me, and would like to help me with my healing work on a regular basis.

So I set about researching the facts which Mrs. Bradshaw had given me. First of all, I tried checking for information with our local historical society, to see if anyone knew anything about the history of the house, or its former occupants. Regrettably, I drew a blank here, and my enquiries were left unanswered.

Next, I went to the local church for a look at their records, but these only went back over fifty years.

However, they did suggest that I try the records office at the county archive research network, and this proved more fruitful. Whilst it is a long and painfully slow job checking the records, it is all very worth while when the evidence is finally found, and what I had been told by Mrs. Bradshaw turned out to be one hundred per cent accurate!

Caroline Rochester **did** live in my current house with her brother Thomas, between 1878 and 1886. In fact they were the very first people to move into it after it was built.

At a further sitting of the Scole Group, I was told that Caroline was continuing to assist me with my healing work, and that the pattern of the healing was changing. Many patients and other healers had already noticed this on a number of occasions. I am often aware of Caroline's presence around me, and needless to say, I look forward very much to the day in the Scole Group when I might be permitted to actually see her in all her glory!! ■

A special night of HEALING

Healing has always been an inherent feature of the work and sittings of the Scoble Experimental Group. From the very beginning, we were asked by Manu to send out the residue of energy left after our sittings in the form of healing at the end of each session. Four of the group are regular channels for healing anyway, so we were more than happy to comply with this request, and blend together mentally for this purpose.

During February and March of this year, our group members had been suffering from coughs and respiratory problems, and one of the group had an extra problem which concerned her somewhat. So much so, that she feared it might interfere with her attendance at sittings. The night of April 3rd, however, proved to be a turning point for this particular problem.

The experience began with cold breezes, which passed over her face and continued for some time. Then our spirit helper, Mrs Bradshaw, confirmed that her father and mother (both in spirit) were close by, and her father was saying; "Action Stations! Be prepared for anything at the moment". Having been in the forces, her father would himself have 'jumped to' when he heard those words.

The breezes grew stronger, as if someone was actually blowing directly into her face. Mrs. B then spoke of some irises the group member had received - which was confirmed as accurate - and the healing colour which they signified. As she spoke about this sitter's father and mother coming closer, the large, heavy central table turned clockwise, then anti-clockwise. (The table, incidentally, is normally hard to move, and measures about 4 ft. in diameter). At this same time, her mother made herself felt, and our friend began to feel quite peculiar, as she lost all the sensation of her body from the neck down. She was advised to 'go with it', and relax into the feeling, as she was in safe hands.

If they could work on her at a deep level, then they would be able to help the condition and do a lot of good. Mrs Bradshaw reminded her to be assured that everything was done in love, and that those in spirit who were closest to her emotionally loved her dearest of all, and were both co-operating with others to bring her help and healing, which was the main intention.

Mrs. B. continued by saying "This time together is mainly for the work, but also for each member of the group to gain something. We try to meet needs

wherever we can".

It was explained by the spirit helpers that they had taken a part of her away to work on so that it might be healed. Raji said that a future possibility might be for all the members of the group to experience something similar, but that it would require a special sitting for such a purpose.

After about ten minutes, the table moved again, to a considerable distance from the one being healed, and the temperature grew icy cold. Another member of the group felt the cool breezes too, blowing across her face, and began to feel healing energy at the back of her head, but, although she too felt drowsy, this second sitter was not taken into the sensation deeply.

The experience of the original 'patient' continued for fifteen minutes in total, and was described by her as follows:-

"I felt my mother very close to me, and then the cold breezes became like a blanket which she covered me with, and caused me to go numb. I couldn't feel anything from the neck down; just floating, like a mind floating on nothing. It was an interesting experience. Once I relaxed into it, I was fine. It was a lovely sensation, just like disappearing into oneself. When I came to, I had tears streaming down my face, and felt I had touched on a deep level".

When the light was turned on, the chair next to our friend had been turned sideways, as if someone had sat next to her, and facing her! On this occasion, we were told to direct the healing around the group, as there was a need. We did as we were asked, and all the sitters felt the benefit.

Our normal practice is to do as Manu says; "Absorb the energy into yourselves; become shining ones, and then send out the light to others". Perhaps other groups working together might also like to end their sittings in the same way. ■

2000

by Joe Cooper

By an eerie coincidence, the name of this publication that you are at present reading closely echoes a stirring statement made by an Indian delegate at the Colombo Peace conference in 1962:

“Politics and religion are obsolete. The time has come for science and spirituality”.

-Sri Jawaharlal Nehru

The Scole Group have thus chosen well. A recognition of Higher Powers, and a determination to better understand such by empiricism (evidence from the senses) seems to me a creditable move forward in building up human knowledge, to be utilised at physical, social, mental and spiritual levels. Criminals would surely pause in their deeds if they believed in soul staining when harming others, for such inexorable consequences follow as surely as the operation of gravity, in the views of such lifelong researchers as Flammarion, Myers, Lodge and others.

To return to the Colombo assertion. The first critical comment is outside the scope of this article - politicians and theologians have been popular targets down the years, and we can only hope, in the next century, for more caring capitalists, benevolent bureau-

crats and many splendoured ministers.

It is mainly upon the concept of “science” in relation to the data of psychical research that I would wish to expand.

In the bright world of the tellyads, scientists play a lively part. They are to be seen (preferably bespectacled and of mature years) in lab settings and with various measuring devices, plugging soap powders, cosmetics, food and motor cars. They are skilled actors exuding prestige and authority at times. And they are physical scientists. The social scientist is almost unknown.

Yet in psychic studies - as I would term any sustained consideration of our important invisibilities - such perspectives as the sociology of knowledge (why groups believe what they do, and how belief systems are generated, modified and discarded) and the recording of sound data are crucially important.

A study of social institutions (established ways of doing things) could be extended to the many spiritualist and research groups, as power structures within these. And then there is the matter of the social scientist's like of quantification. Drab tables in

textbooks often alienate students from what is a seemingly impersonal record of poignant humanity, but here the words of one of the most effective humanitarians of the last century may not come amiss:

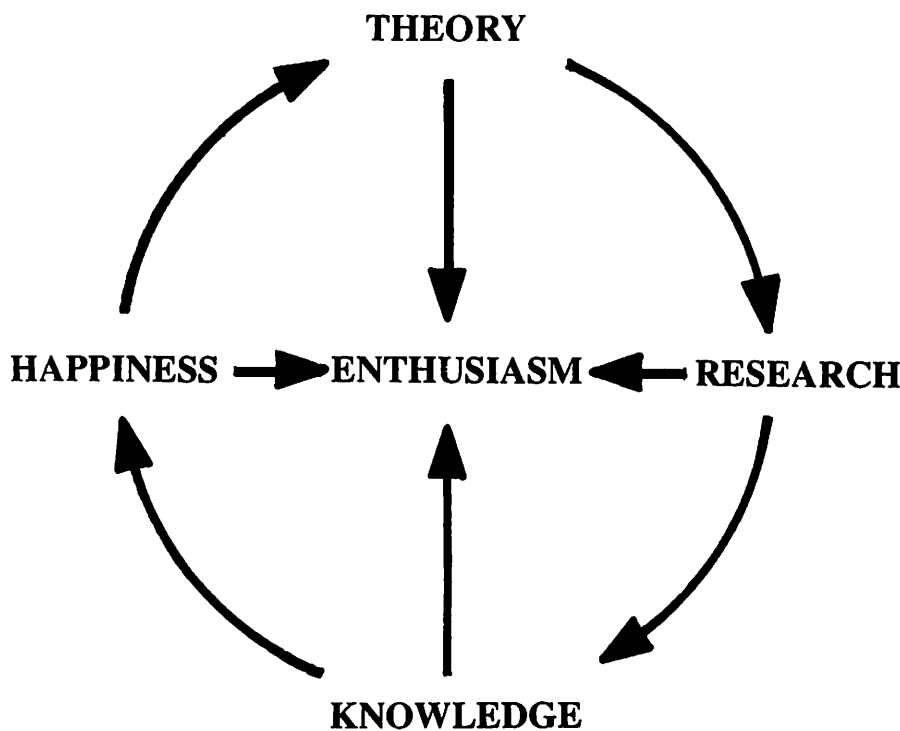
“To understand God's thoughts we must study statistics; for these are the measures of His purpose”.

Florence Nightingale O.M.
(1820 - 1910)

At least we might start building up computer banks of sound data along the lines of the examples given below. Here, I would hope, there are hopes for verbal parsimony often lacking in some rambling accounts of acausal phenomena:

1. Source: Barbanell. *This is Spiritualism*.

Data: A month after the death of Conan Doyle, Caird Miller received an apport on her bedroom pillow - the key to the author's study at Crowborough some forty miles away. The medium was also given Doyle's ex directory telephone number by direct voice, and subsequently made contact; thereafter continuing to convey messages to his family.



2. Source: Captain A. J. Stuart. *Personal Proofs of Psychic Phenomena*.

Data: Through family ouija communication, Stuart's dead brother gave information about his missing will. This was found in a briefcase behind a sheet of corrugated iron at an airfield unknown to the sitters.

3. Source: Rev. C. L. Tweedale. *Man's Survival after Death*.

Data: Grand pianos levitated by discarnate forces in the houses of President Lincoln and H.D. Jencken. Verbatim statements. Evidence of telekinesis.

But data banks, however terse and comprehensive, are not at the core of research by humans. Their motivation is all important, and the social scientist has more often an inbuilt commitment to human progress and happiness than his physical counterpart.

The diagram above represents an attempt to combine two levels of analysis, the psychological and the philosophical:

The word 'enthusiasm', often mentioned in job adverts for salesmen and educators, seems to me at the core of research. Etymologically the middle syllable stems from 'theos' - of the gods - and the vital drive of the truly inspired often smacks of the superhuman. It is not always easy to enthuse over increasing sales or to control classrooms, but human flowering and world harmony are, to me, at the heart of psychic studies, and should strike an enthusiastic chord in all of us.

Indeed, if anyone asks me these days what psychic studies amounts to, I reply boldly that it is basically concerned with rendering humanity light of heart and step, these being a personal consequence of seeking to improve the inner self - the weather in the soul, as the philosopher George Santayana (1863 - 1952) observed.

May I close with a personal blueprint for research progress in the next century. These observations are the result of ten years of taking classes and coming across all manner of students (colleagues, as I would prefer to call them, for we are all learners) and

writing three books and several articles on phenomena experienced and recorded. Here, then, is my ABC of Psychic Studies:

A) A is for an academic approach, which amounts to slowing everything down and considering fine detail, as in the old academies of Greece and Rome. Indeed, any worldly success hinges upon such. (When MGM shot the Gene Kelly sequence of 'Singing in the Rain' it was necessary to construct cement holes containing appropriate amounts of water in order to get the right splashes on the right beats of music. And the 24 frames a second which go to make up moving pictures have also to be considered in detail.) Thus a thorough reading of pertinent literature is desirable, as access to sound data. Only then may prudent argument begin at any level of erudition; as opposed to the morning studio chatshows where the phrase 'Once Over Lightly' sums up the amusing candyfloss of these enterprises. Psychical research is ill suited to such fripperies.

B) B is for benefits. This is where missionaries should begin. Not with the hard data of a century's studies, but of human benefits at physical, social and spiritual levels. The 'tinsel and glitter' of materialistic pleasures are already wearing thin today, and the current phrase 'The Feelgood Factor' hinges more on psychic rather than physical factors.

C) C represents co-operation with others. This is the hard one. Rivalries between Critics and Champions have always been keen, and conflict among differing spiritualist groups have inhibited progress.

It is thus to the great credit of all the members of the Scoble Group that they have followed the instructions of their 'spirit team' in launching such a vigorous publication, which bids to extend into the next century.

May the angels cheer them on! ■



The Gentle Wisdom of *Manu*

temperature in the room, and when he first began to come, this was accompanied by considerable 'static' interference on the tape recording of the sitting! He does not speak for long, preferring to work behind the scenes blending the spiritual energies and our energies for whatever purpose is intended on a particular night. What he does say, however, is always uplifting and inspiring to the group members. Manu encourages us to try and meditate daily, and suggests ways to help, and the following represents some of his sayings, over a period of time, regarding our individual and group work:-

"Look within yourselves - picture a centre of light within yourselves that is divine - be a part of everything, and everything a part of you, so that you are at one with all that lives and breathes; and know that you are a part of a great wholeness, a great creation. At one with the supreme one that dwells within you and without you. Meditate upon this divineness within you, and remember you have the potential to be a divine force; a co-creator. By the power of love, it is possible to change the vibrations around yourself, and so affect others".

"As you reach out with your mind, remember your mind is

greater than you perceive. It is like a droplet of water in an ocean that is the Universal Mind. Do not let your mind limit you; you are a part of something much greater than yourselves. Let the power of love envelop you, and help you to reach the levels that you seek; to touch them for a moment - and bring this back to your earthly life - you will feel enriched, and able to go forward once again".

When meditation is difficult, as it is for all of us at times, Manu says "Just breathe in love, and bathe yourself in the light". This daily meditation not only gives us peace of mind and harmony as individuals, but also helps in a natural way when we come together to work as a group.

On the subject of our working with others, now and in the future, Manu states: "All that we do here is with the power of love. We come to cause a great awakening; to stir men's minds; to help all those seeking a new level of understanding, so that people will wish to think and seek further in their quest for knowledge".

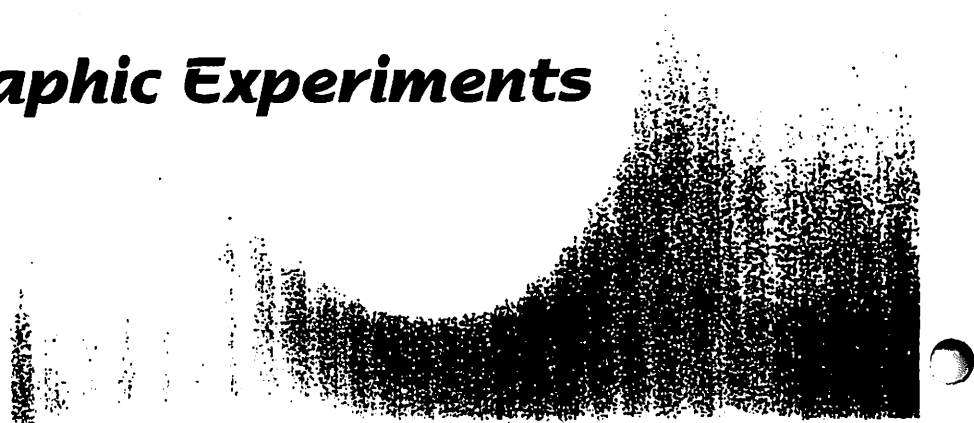
"We shall stimulate those of a scientific mind; those seekers of knowledge who like to see things proven. When the scientists begin

At the start of each of our sittings, the first guide to speak is 'Manu'. He is always heard within the first ten minutes of the sitting, and comes whilst 'his' signature tune is playing - a piece of music called 'Sleepy Shores'. Indeed, Manu was the first guide to make himself known to the Scole group, when we first began to experience the phenomena created by using energy. On this first occasion, October 4th, 1993, and aided by his two child helpers, he brought through an apport for the group (A Churchill Crown) as "a token of greater things to come". Little did we realise at the time just what that would mean, and how marvellously the spirit team would work with us!

Manu is a powerful and extremely spiritual guide, whose presence always causes a drop in

D.I.Y.

Photographic Experiments



Several of our readers have expressed their particular interest in how they might experiment with photography in their own groups using energy. We will therefore try to explain in simple terms the methods that we have been using in the Scole group with the Polaroid 600 series camera and films. These are the flat, individual films which are purchased in boxes of 10. When bought, they are contained within a cartridge, along with a new camera battery, and are ready to be loaded into the camera.

Our own second-hand camera only cost us £15, and has proved quite adequate for the purpose. Often, these cameras can be found at a boot sale locally, or at jumble sales, etc. As an added precaution, to prevent the films being exposed to light through the lens, and to stop the flash from functioning properly, the camera used in the Scole group has had its lens and flash taped over. This can be done with black insulating tape, or similarly thick material, but must be totally light-proof.

The films themselves can be black and white or colour versions of the 600 series, although the colour films do have the

advantage of showing the different forms of energy in a spectacular way. Whilst the film cassettes do also contain new batteries for the camera, for the purposes of these experiments, the camera itself is only needed to develop the films.

It is essential with this type of photographic experiment that your sittings are conducted in total darkness, as any amount of light - however small - will affect your films and spoil the experiment. Such an accidental influx of light would be marked by an overall white appearance to the prints after processing, whilst successful results generally show patterns of energy as vivid colours against a dark background.

Having ensured that you do have total darkness, then you can proceed by first removing the cardboard cover from the film cartridge. This has been inserted by the factory to protect the films from the light when you initially take them out of their box, and is not too difficult to remove in the dark, given a little practice. It is also only necessary to protect the top film as the remaining films can stay in the camera until the next experiment.

Now you can place the cartridge on the table in the centre of your circle, and proceed as usual. At the end of your sitting, and before the light is turned on, you must load the cartridge of film into your blacked-out camera. As you close the camera up, the top film will automatically be ejected through the camera's rollers, and in so doing, the chemical gel is squeezed into the film itself, which starts the developing process. You can then turn on the light, and watch the results appear before your very eyes! The process normally takes between 5 and 10 minutes.

In the event of an unsuccessful experiment, you will receive a totally black picture; but do keep on trying! Rome wasn't built in a day, and such a failure still happens to us from time to time, especially when the focus has been on some other type of work, and the energy has been used in other ways. At the next sitting, you will have to remove the film cartridge from the camera (in darkness, at the beginning of your experiment), and proceed as before.

We were told by a spirit helper recently that these flat Polaroid



The above black and white reproduction of two of the many colour prints we have received over the months fail to do them proper justice. The films used in this instance were Polaroid 600 series flat films. They were set out in the totally blacked - out room during sittings as per the accompanying article.

films are very good detectors or indicators of the energy present; such energy being a blend of various energy types, as shown by the different colours and patterns on the resulting prints.

We do hope that this short guide is helpful to some of you, as it could turn out to be the start of many fascinating photographic experiments in your own groups and home circles. The above out-

line of what is required does, we hope, give you an idea of the procedures necessary for successful results, and we shall always be happy to advise individual groups wherever necessary. ■

The Gentle Wisdom of Manu

..... continued from page 7

to realise that there is a spiritual universe as well as a physical one, and start to study these things, then we shall see changes - because when these men of letters give testimony to what they have witnessed, and the knowledge that they have acquired, then others will take heed that something wonderful and strange is happening that makes these men speak as they do".

"Then the day will come when

the truth will come upon them - that they are a spiritual being and must look to their spiritual needs so that they may become a whole person in every sense of the word. Each individual that comes here will realise they have something to contribute to the whole of mankind; that with right thought and right action, they can become a channel of light. The world may appear in a state of chaos, and the darkness dwells in some places, but the light will

penetrate the darkness, and harmony can, and will be restored in the fullness of time".

"I remind you of our goals; not only to teach people that life is continuous, but also that each person has a purpose whilst on the earth; that they may use this time in a valuable way, to achieve much more on their life's journey".

Manu ended this particular talk in the way he often ends his brief communications with us, by telling us: "I leave you with these words; farewell for now, dear friends". ■



Let there be Light!

Over a period of several weeks prior to Sunday, April 9th, and following a round of ill health amongst sitters the Scole Experimental Group appeared to reach a 'plateau' in their development, apparently with very little phenomena of note occurring. The spirit team, however, behaved in a most encouraging manner during this 'lull', constantly telling the members of the group that they were now concentrating their efforts into working with the domes.

After their achieving remarkable results on factory-sealed Polaroid 35mm slide films, which will be repeated from time to time within the Scole group, our spirit helpers carefully explained to us that the next step would be for the work of the group to enter a new phase. This would involve their using most of the energy within the group for the time being to experiment inside the domes, where they hoped to

encourage a visible discharge of energy in due course.

Sitters were instructed to remove the small dome from the room, as they intended to restrict their efforts to the larger piece of apparatus. In fact, for the time being, most of the items which had previously occupied a place on the central table of the group should also be removed from the room during sittings.

Our scientist friend also explained that since they may take a number of sittings to gradually build up the 'charge' of energy within the glass dome, we must not touch it at all during or between sittings, or come within twelve inches of it, as this could cause a premature accidental discharge of energy which could set the team back by several weeks.

In addition, by way of preparation for the hoped-for visible effect within the dome, sitters

were asked to try and provide an ordinary Polaroid camera (flat films) on a tripod, with its lens permanently open in the darkness during the group sessions. This request proved to be impossible, as with the Polaroid camera we use in the group, there was no way of keeping the lens open without the camera being powered. Had we included the batteries in the camera, the moment the shutter was pressed, the camera would automatically eject the film through the processing rollers. So for the time being, instead of the Polaroid camera, we were wrestling hard with the possibility of using ordinary 35mm cameras to record the result of this project, and for a couple of sittings, whilst we were figuring out the precise means of achieving the photographic records requested, we were therefore without camera in the 'Scole Hole' during sessions.

During a couple of sittings at the beginning of April, a number of loud raps and taps returned, and on several occasions, the very heavy circular central table in the cellar was levitated slightly and rotated. We were also aware of the presence of solid spirit people in the room, as they could be heard walking and shuffling round the outer part of the group; moving chairs; dusting them down and sitting on them, whilst pulling them forward to join in with the rest of the group. Additionally, we could feel the fabric of their clothes as they moved in front of some of the sitters, and watch luminous tabs on the table disappear and re-appear as forms moved in front of them. Our spirit helpers themselves confirmed the presence of solid spirit beings, too.

On Sunday, April 9th, we had a group sitting at Scole just before our regular meeting to discuss Foundation business. To our amazement, part way through the

sitting, the large dome on the central table (apparently empty to us) lit up like a giant light bulb. There were two tiny bright points inside and at the top of the dome, these being approximately two inches apart, and there appeared to be a reflection of these on the bottom of the dome. We were told at the time that the illumination was brought about by the passage of spiritual energy between these two points. The top of the dome seemed to act as a lens, and projected a disc of light about three feet in diameter on to the ceiling, which was now easily visible to all of us.

In all, the illumination of the dome lasted for about thirteen minutes, although on a couple of occasions, it did die down somewhat, whilst staying visible in these periods, too. Our spirit scientist spoke to us whilst this was happening, and one could clearly catch the emotion in his voice at the successful culmination of such a remarkable experiment. He told us that this was only the first time, and the light would gradually become more sustained over the weeks, and more intense. As he mentioned the word 'intense', for a couple of seconds, the light did get visibly brighter.

We were told that it is the immediate intention of the spirit team at Scole to illuminate the whole of the room, so that we can see each other. Significantly, we are also currently on the brink of seeing many of these spirit people for ourselves, as during our new group phase, the spirit people wish to "visibly present themselves". The solid spirit beings that we have heard and felt recently within the group are in fact volunteers (this particular task needing acute dedication on their part to achieve for any length of time), and are currently acclimatising themselves to the physical atmosphere of the Scole Cellar, so that they will be comfortable in such an environment when they are seen there shortly.

Needless to say, following this exciting result, a bank of cameras

now occupies a permanent place in the Scole Cellar, and we are trying to record the lights and their effect on each occasion that they are visible!

Three sittings later, on Friday, the 21st of April, and following a build-up of energy in the dome over the previous two sessions, the dome once more 'lit up' on two occasions. The first of these only lasted about ten minutes, and the intensity of the light varied considerably. The second, however, led to the dome being constantly illuminated for no less than 52 minutes! Our scientist friend told us that the team had now figured out how to recycle the energy in the dome, which had helped them considerably, and would dispense with the need to build up the energy within the dome over a period of time.

The following sitting, on April 24th was quite remarkable. (See 'Going up in the world'.) Two days later, on Wednesday the 26th of April - all the previous efforts were overshadowed! This time the spirit team were attempting to combine the strong presence of solid spirit people with the lights, and we were told that a different method of producing light was being used on that night. They would continue to experiment with the lighting until they achieved the optimum effect.

On this occasion, the lights produced were red, and there were basically three different types. The first to be seen was a very thin beam of red light shining from underneath the dome across the table. Next came a red tubular light, an inch in diameter, about four inches long and slightly curved, which was stationary at the top of the dome, and resembled the effect of a neon light. Whilst this light was apparent, there appeared to be a dense smoky haze within the dome, a smoke ring appeared over it which was visible in the air for a split second as the area was momentarily lit up by a flash of red light; the whole being accompanied by a slight burning smell.

Numerous patches of red light flashed on and off for about a second or so, all around the room, and definite attempts were made via this particular form of lighting to illuminate one of our solid spirit friends in the corner, but these were not successful due to the fact that the team were not able to sustain the lighting for quite long enough.

The pencil beams re-appeared, coming from a very bright source of red light at the top of the domes, and they commenced to rotate around the dome, giving the effect of a lighthouse, shining its strong beam round and round the room. Each time the beam reached the face of a sitter, it paused for a few seconds and lit up their face brightly enough in the red light for the other sitters to see it clearly. The effect on the sitter being 'lit up' was that the light source in the dome was so bright it dazzled them - almost like looking into a red sun. It was explained to us that these lights are spiritual lights, and it is only within this format of lighting that spirit souls who visit us in solid form may be seen. Any form of physical lighting which we know of on the earth would be detrimental to them, so that they would not be able to sustain their physical presence with us.

Over the next weeks, the lights will appear to us in different colours, sometimes simultaneously and we will be able, at last, to see with our own eyes many of the spirit people who have volunteered to work with the Scole group. It is also the intention of the spirit team to bring objects from the spirit world for us to see within the spiritual lights on the group table, but, because these objects do not belong to this earth they will not be able to remain with us afterwards, and will have to be returned to the spirit world by our team. We hope, however, when this does happen, that we shall be in a position to record many of these wonderful things on our cameras at the time, so that we can later share our experiences with our readers! ■



More Images from Beyond

This is one of a total of over one hundred transparencies received recently by the Scole group on unopened 35mm Polaroid slide films. Note the significant and prominent part face which is clearly visible.

On the same film, we had another verse from the Scrimad Bhagavatam, written in freehand, although this looked almost childlike in its style. It was also repeated twice more (once in reverse), as if to make sure that its importance was noted, and that spirit's efforts in this direction were successful.

Another very interesting picture, we are told is a sketch of a "primary cell" - an early battery of some sort. As to the meaning of this particular picture, and its significance with regard to our own work, we are still unsure; but it has been explained to us that many 'new' developments in the sciences are inspired! That is to say - that spirit sometimes blend with the thought processes of scientists and pioneers working in new areas not yet known to mankind, in order to inspire them.

This has surely been true over the past centuries, when you stop to consider the giant scientific leaps forward that man has made in this timescale. Perhaps we have not made the best use of these developments; but then, that is our own doing, and not the fault of our spirit helpers!

Spirit influence upon our thoughts, and its vital part in our inspirations, is a very interesting subject in itself. We know, for instance, that true inspiration is a wonderful thing; giving composers and artists a spiritual insight into their work. Indeed, all true inspiration must surely

Since our last bulletin, we in the Scole Experimental Group have received what can only be described as the most amazing results so far! At one sitting alone, we had no less than 30 different images! Fifteen of these were black and white, with another 15 in colour. In itself, this was something new, to have two complete films influenced at one sitting; but the images themselves were out of this world (literally)! Up until this particular experiment, the spirit team had always concentrated on a black and white or a colour film - never both types during the same session, so it would seem that they are now capable of achieving successful results in the many differing aspects of this fascinating work.

Before I go into detail relating to these amazing pictures from the spirit realms, I should first mention the more conventional images (Conventional, that is - in

terms of content), that we received prior to that one incredible sitting.

The most striking of these pictures is a portrait of a handsome young man (in profile), who was later identified by one of the spirit team as Kingsley Fairbridge, who, it was said, founded the Fairbridge Farm Schools in Australia. The helper went on to say that he was born in South Africa and educated in England (Oxford).

Kingsley Fairbridge, we are told, is in fact helping the work of the Scole group to progress, for he has a 'big heart', and a great love of mankind. We have not as yet been able to discover any information about him to authenticate the messages (Norwich library was recently destroyed in a terrible fire), but we have no reason whatsoever to doubt what we are told. Perhaps some of our readers can help us?

come from a closeness, or even blending, of spirit with our own true spiritual selves. This type of 'artistic' inspiration has, in fact, been likened to the development or creation of the more unusual 'abstract' images that we have received of late.

So now, let us perhaps consider in detail the nature of these incredible pictures. When you see them for the first time, you are filled with wonder as to just what you are seeing. Our brain tells us that they resemble nothing that we recognise (comparing them to stored information), but yet we feel compelled to study them in more detail, looking for some small familiar image to relate to.

As if in answer to our thoughts, we have on several occasions received images of patterns of light or energy that have contained human faces! These faces often peer at us from a mass of

shapes and patterns - sometimes resembling a galaxy of stars, or a series of ice floes. On more than one occasion, two faces have been shown as if reflected in a mirror.

We all had to admit that we found these images very puzzling indeed, so imagine our delight when one of the spirit team announced that they were bringing us more information; not only relating to the abstract nature of these pictures, but also an explanation of the methods used to produce them.

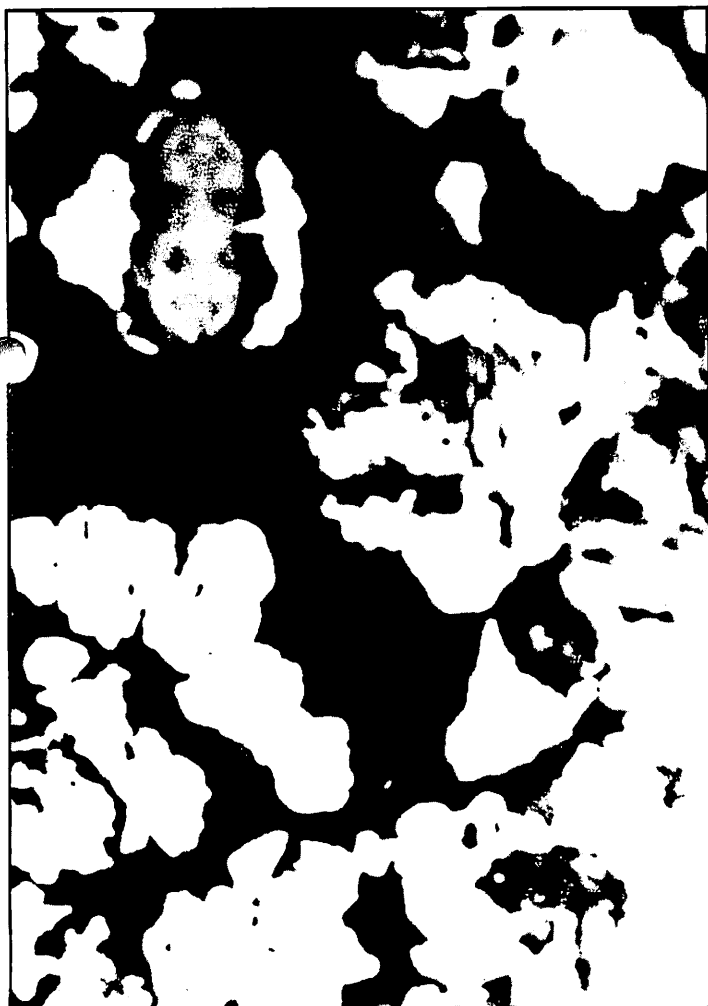
He told us that there was a real similarity between the way these images are produced, and the way that communication occurs between spirit and a medium. The images are 'sent' by different spirit individuals, who are not necessarily knowledgeable in the subject of photography, as this is not a prime requirement for the photographic communicators.

They 'send' these pictures by a process our spirit informant called "Super Sensory Imagery". This is a kind of mental communication between our two worlds, using spiritual energy. The spirit individual responsible for the sending of a particular picture, has to first decide on its content (or meaning, in some cases). This image then has to be transmitted using a 'mental' process.

The energy that flows between our two world is the mechanism used to actually transmit the images whilst they are still in a 'mental' form. When the image 'arrives', it actually enters the fabric of the film, causing a similar chemical change to that which occurs when film is exposed to light in the normal way.

We were told that the success so far with the experiments has not come easily, bearing in mind the many obstacles that the spirit team have encountered, and the spirit scientist went on to say that the team were very confused when we first introduced Polaroid 35mm rolls of colour film into the experiments. He said that it was not at all what they expected, as they were confronted with thousands of tiny lines across the film.

These lines were in three colours; red, blue and green - which added even more to their confusion. (An expert in this type of photography later confirmed that their assessment of the structure of these colour films was correct!) However, after many attempts in the early stages they soon mastered the technique. One has to remember that the team also had to produce the image in a positive format; as these films are transparencies for use in a slide projector. All the other 35mm roll films we had been using prior to the Polaroid films were the more conventional types, resulting in prints from the spirit-transmitted images, which themselves were received in a negative format.



Another of the amazing slide photographs received through the Scole group on a 35 millimetre Polaroid film. The face on this one is showing twice and each is a reverse image of the other - also both are joined together at the top of the head.

Apparently, due to their using this very different process now, it has been possible for the team to show us the exceptionally vivid colours that exist in some areas of the spirit realms, and truly astonishing they are too!!

As to the abstract nature of these more recent pictures, our spirit helper understood our bewilderment as to what we were actually seeing. He knew that we found them unreal, and explained that this was only natural, living as we do in a material existence. He added that to us, these images could seem to be contrived specifically for the experiments, but this is not really the case.

The images are, in fact, actual scenes of a spiritual environment of thought. The spirit team do try to cause them to resemble something that members of the group can relate to; but this is not always possible.

"You may even think", he said, "that they contain what appears to be the results of an over-active imagination. This may be true up to a point - but they are in fact

images as perceived by a spirit helper". He went on to say that some of us might feel that if these are, in fact, higher astral realms or places of communion, then they do not seem particularly inviting or comforting.

However, it is important to remember that one is seeing what is a constantly changing environment as perceived by someone in spirit at any one given time, which also depends on the frame of mind of the sender at the time.

Our spirit informant explained that these areas of communication will appear very different to each one of us - not only from one moment to the next; but also from one period of spiritual rest to another. Every one of us is different, be it in this world or the next, and for that reason alone, these spiritual realities are perceived differently by each of us.

When asked if the production of these images could be likened to an artist's impression; his individual creativity, our spirit friend agreed that this was indeed a good representation of the process. The human faces and

other features seen in these pictures, he said, were more often associated with the communicator than with any of the sitters.

This did mean that these particular images were very personal to the sender, which is why we need their permission to show them and publish them. It might be that in the future, evidential material relating to the sitters may be found in these images - we just do not know what is possible.

We can only marvel at the moment at what we have already received in this amazing way. We have had over 150 spirit photographs produced during our twice-weekly experimental sittings; all of which are now in transparencies for projecting onto a screen.

These transparencies will be forming the basis for future lectures and discussions; hopefully, later this year. We will then be able to share with others the knowledge that is coming to light through the new experiments in the subject of spiritual science. ■

Going up in the World

Monday, April 24th, 1995 proved to be yet another red-letter day for the Scoble group. We were told by the guide Manu (who came through unusually rapidly to speak) at the commencement of the sitting that the spirit team were going to try something new for us during the sitting. Since he had to attend to a 'special blending' of the necessary energies on this occasion, Manu was gone almost as soon as he arrived, and

we were left with tranquility in the cellar. But not for long!!

It was soon obvious that we had solid spirit people in the room, as we heard their footsteps quite clearly whilst they walked about among us. Gradually as their presence built up stronger and stronger, they became more adventurous, and at least one sitter was touched by solid fingers on her arm. Chairs were heard to be drawn up into the circular

group, and the cushion on which one sitter was perched was tugged out strongly from under her by solid hands.

The indications of the presence of solid spirit beings became ever more intense as the chairs on which we were sitting were jostled and loud raps and slaps were heard to come from underneath and behind sitters chairs. There were intense squeaking noises such as would result from a rubber balloon being scraped by a wet finger. These seemed to emanate from the smooth backs of chairs.

Next on the agenda came a series of loud hand-claps, the first of which sounded as though they were being made by a child, since the hands sounded to be small, but later on, some of the

prolific clapping was by adult hands.

The table and more than one of the chairs was being thumped and rapped simultaneously and concurrently; the percussion noises coming from different parts of the room. Finally, there were a number of whistles such as one would normally attribute to a human source - one sounding almost identical to the noise of a penny whistle!

Our Scientist friend came along to talk to us via the normal trance state of one of the mediums, and explained that they were sorry they could not bring us the light in the dome on this occasion, as the energy was being used to bring us the strong presence of a number of solid spirit people. Now that this had been achieved, the team were on the brink of combining the two - both the light and the spirit entities, so that we would be able to see them for ourselves, although it was stressed that during these early

visibility experiments, the spirit people we see will not be able to speak to us. That will come at a later stage!

On this particular evening, we were told, there were no less than four solid spirit people with us. A lady and a gentleman were standing in different parts of the room, with a younger person in the corner diagonally opposite - pretty much the locations we had actually heard them in. The fourth spirit visitor was much younger, and was sitting on the table!

Naturally, we took this to mean that he must be sitting on the edge of the large circular table in the centre of the group; certainly we had heard much activity in this area during the evening. But no! When the session had finished, and we put on the light - an amazing sight greeted us all. In the darkness, and with great control without the table or its contents being disturbed, one of the outer chairs had been levitated

and manoeuvred over the heads of the sitters so that it was standing upright on the table! It was placed neatly astride the glass dome, which, thank goodness, it had not disturbed or damaged! The young, solid spirit person must have been sitting on the chair, on top of the table, and above all the sitters for most of the evening!! What an achievement, in total darkness!! ■

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